

# About Us

## Midtown Doctors Family

7 Drs have enriched our lives at Midtown



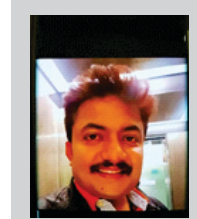
Dr Amarlal



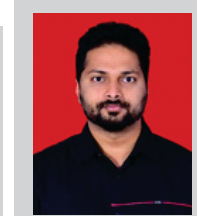
Dr Ravindranath



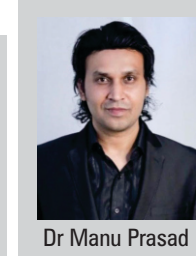
Dr Raghu



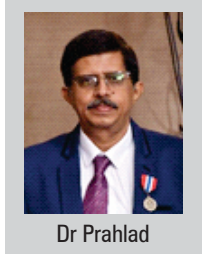
Dr Karthik Udupa



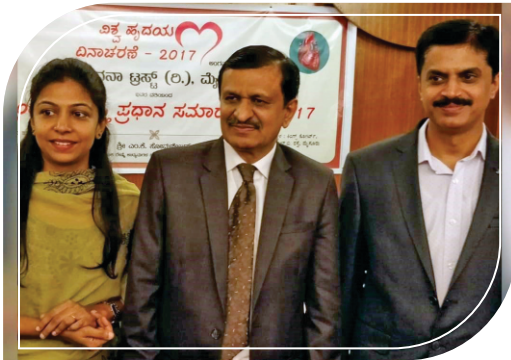
Dr Kumar



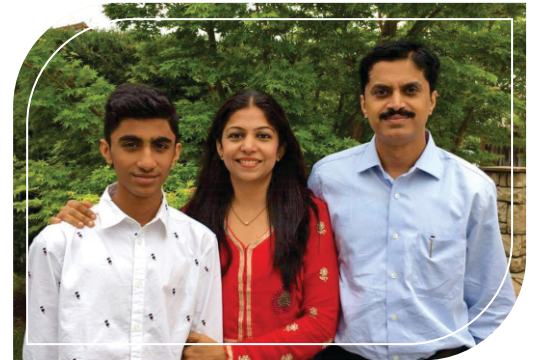
Dr Manu Prasad



Dr Prahlad



## Dr Sadananda "Pride of Doctors"



Today we are extremely proud and grateful to have Dr Sadananda K.S, Senior Interventional cardiologist, Professor of Cardiology and Medical Superintendent of Sri Jayadeva Institute of cardiac science and research, Mysore branch along with us in Rotary Mysore Midtown.

Dr Sadananda completed his MBBS from JSS Medical College, Mysore  
MD general medicine from Mysore Medical College where he secured 1<sup>st</sup> Rank in University.  
And completed his DM Cardiology from Sri Jayadeva institute of cardiac sciences, Bangalore .

He has more than 20 Presentations and Publications in various National and international Journals and has numerous Research activities conducted under his guidance.

He served as the President of Cardiology Society of India, Mysore and is also member of various Cardiology and Medical associations.

He was honoured with BASAVASHREE award in 2019, VAIDYARATHNA award by Mysore clinical Society, KANNADA RAJYOTSAVA AWARD IN 2013 and also felicitated by various organizations and associations.

He has been IN CHARGE of Mysore branch of Sri Jayadeva hospital since it's inception. He has been a Master Leader

in running such a big institute which handles mind boggling number of patients on a daily basis and delivering world standard cardiac care Free of cost or minimal prices.

He has followed closely the Footsteps of Dr. C.N.MANJUNATH in providing optimal medical care to the poor and also coordinating CSR funds and obtaining many donations towards their treatment and overall development of the hospital.

Cardiac Emergencies continued to be handled non-stop even during the dangerous COVID ERA ,speaks volumes of Dr Sadananda and his institute members commitment to service of mankind.

He has been instrumental in maintaining the hospital to 5 STAR Standards of clinical care, medical facilities, equipments and cleanliness.

The hospital has a beautiful landscape and has received BEST LANDSCAPE GARDEN AWARD in Mysore Dasara competition TWICE and also KAYAKALPA program award.

To keep up the spirits of his hospital members, he conducts annual Cultural and Sports events for all members and also actively participates in sports. He enjoys Singing and playing Keyboard.

On the personal front, Dr Sadananda is apt to his name – “SADA-ANANDA” – where his smile and patience even after

exhausting hours of work are praised by his patients. He is married to Dr. Swetha, who is Professor in Mysore Medical College, and are proud parents to son Studying medicine.

## ‘HEARTBEAT’ Team Takes Charge



Installation of Mrs Ashwini Raghavendra as the 41st President of The Inner Wheel Club of Mysore Midtown

The Inner Wheel Club of Mysore Midtown held its installation ceremony on July 13th, and the event was all about PINK. This color, often linked with charm, politeness, sensitivity, tenderness, sweetness, childhood, femininity, and romance, set a vibrant tone for the evening. A galaxy of Innerwheel leaders, Club presidents past & present were in attendance.

At 7:00 pm, the Master of Ceremonies, Mrs Prabha Prahlad welcomed everyone. Following true Indian tradition, the lamp was lit after a mesmerizing invocation dance by Ms. Baliga. The unique theme for the evening was a 'Bus Journey,' complete with a driver and a conductor, Kala, who used an amazing whistle to start and stop the bus.

President Saba Suryani handed over her Presidential regalia to incoming President Ashwini in a lively setting with music, and the ladies were formally draped in brilliant saris. The incoming team was introduced in a rustic desi style, using the folk art of wandering minstrels. PP Geetha Krishna was dressed as a wandering minstrel and provided apt introductions for each lady and her spouse.

Newly installed President Ashwini accepted her

role with a brief, heartfelt speech. She expressed hope for continuing to "serve the community amidst all adversities" and outlined her priorities: serving women, children, and the elderly; promoting the club's work; encouraging members to take lead roles in projects and services; and increasing membership to keep the club vibrant and growing.

Following the installation ceremony, new members were inducted individually. The installation officer, PDC Mrs Kavitha Niyath read out the citations and welcomed the new members into the club. She addressed the gathering, thanking them for exemplifying the best values of Inner Wheel and spoke of the goals for all clubs worldwide, which have been shared with all districts.

The smooth and engaging program was appreciated by members and guests alike. Rotarians were in good attendance to show their support. The hard work put into producing high-quality videos and photos, as well as the rehearsals and coordination, resulted in an event that exceeded expectations. The spirit of Inner Wheel was palpable and inspiring, culminating in fun fellowship.

- Rtn Padmaja Muralidhar





Rtn Raghu Sir was the Installing officer at Rotary Club of Virajpet on 6th July and before the installation in the morning on 6th he addressed 10th std students at Virajpet under Career guidance. Keep up the good work Sir which you are doing from past so many years.



Rtn. Ramakrishna was the Installing officer at Rotary Kollegala

## 'How Doctors Touched My Life'



"I got a 2nd life. The timely action and advice of my doctor gave me a second life. Forever thankful."

- Rtn Narendra Babu



Removal of a lump from my breast was causing great anxiety whether it shall be benign or malignant. By God's grace it was benign and the surgery was gracefully performed by our Dr Ravindranath.

When our adopted child Apeksha, came into our lives as a 7 month old child., carrying her, because she was a heavy child caused ligament tear in my hand. I was concerned whether the marks will be left behind on my hands, but it wasn't.

- Rtn Sunanda Patra



"Doctors from Midtown have profoundly impacted our life through their skilful care and compassion during times of illness. Their expertise not only healed disease, physical ailments but also provided reassurance and hope, shaping our perspective on health and resilience. One name I have to mention here that is Dr Prahalad, who has taken utmost care of our family During the time of Health issues."

- Rtn S Raghavendra



It was an unforgettable bond between my mother and Dr Prahalad. She considered him her son and he affectionately took care of her in her last days. Most memorable Doctre.

- Rtn Bhanuchandran S

## RI President Message: **Magic of Rotary as a Family**



Dear Rotary member,

For most of us in Rotary, what matters most is our personal club experience. When I joined Rotary, my club made me feel like I belonged. I couldn't wait for the next meeting, and I found a new purpose in the service projects we completed together. To me, this sense of meaning and belonging defines Rotary. As president, I feel a special commitment to help every member in every



**Stephanie Urchick**  
President  
Rotary International



**Rtn. Vikram Datta**  
District Governor  
RI Dist 3181

Rotary and Rotaract club feel like an essential part of our family.

I'm writing today to thank you for being a member and making Rotary part of your life. And I want to share a tool that can further enhance your experience with Rotary — our Action Plan.

The Action Plan challenges us to find ways to increase the impact of Rotary service, expand our reach by bringing more people together to share our vision, adapt to a rapidly changing world, and enhance the experience that you and your fellow club members have in tangible, meaningful ways. The Magic of Rotary can have its greatest impact when Rotary members and community leaders come together to solve problems and transform lives.

That magic starts with you, and now is the time to put it into action.

You have the power to bring about positive change, both in your club and in your community. When we move into the future united in a common purpose, there's no limit to what we can achieve.

Sincerely,

**Stephanie A. Urchick,**  
2024-25 President



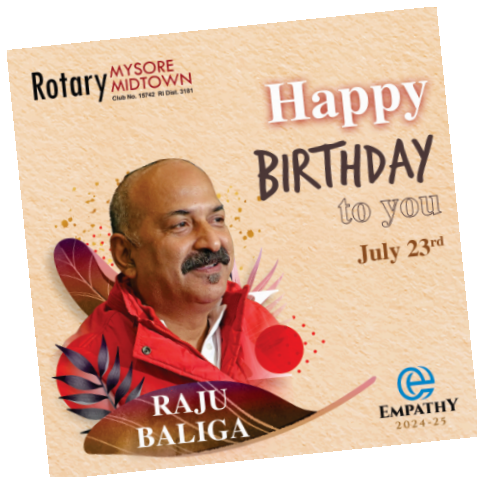
**Rtn. Kumar Swamy K**  
President 2024-25



**Rtn. Elizar Milton**  
Secretary 2024-25



**Rtn. Badri Narayan Krishnan**  
Editor 2024-25



**Next Meeting:**  
**SPEAKER MEET**  
Exciting topic, Amazing speaker.  
Details follow  
  
July 24th,  
at 6.30 pm RCL